

THE FIRST FLOWER

Composers: Takao & Setsuko Ito

4-2-43 Honcho Odawarashi Kanagawaken 250-0012 Japan

Record : "The First Flower" CD PRANDI SOUND RECORDS[RIMINI OPEN 10]Track #3

Rhythm :Waltz(ph IV+2)

Speed : As on CD

Footwork : Opposite, directions for man(lady as noted) Date :January 2010 Ver.1.1

Sequence: Intro - A - B - A - C



Meas

INTRO

1~ 8 Bfly/LOD lead foot free for both Wait 2 meas;;
Canter Twirl; Sd Draw Tch; Canter Twirl; Sd Draw Tch(W Cl);
Sd Swing; Both Spin W Trans(CP/DC);

- 1- 2 Bfly position fc LOD lead foot free for both wait 2 meas;;
1-3 3 (Canter Twirl) Sd L lead W RF twirl, -, cl R to L(W sd R commence RF twirl under lead
(12-) hand, XLIF of R conr RF twirl fc partner, -;
123 4 (Sd Draw Tch) Sd L, draw R to L, tch R to L Bfly/LOD;
1-3 5 (Canter Twirl) Sd R lead W LF twirl under trail hand, -, cl L to R(W sd L commence LF
(12-) twirl under trail hand, XRIF of L conr LF twirl fc partner, -;
1--(1-3) 6 (Sd Draw Tch W Cl) Sd R, draw L to R, tch L to R(W sd L, draw R to L, cl R) Bfly/LOD;
1-- 7 (Sd Swing) Same footwork sd L joined right hand, R foot swing in front L;
123(12-) 8 (Both Spin W Trans) Sd R commence RF spin, cont RF spin L, R(W sd R commence RF spin,
cont RF spin L, tch R to L) CP/DC;

Meas

PART A

1~ 8 2 L Trns;; (CP/Wall)Whisk; Sync Vine; Thru Prom Sway;
Chg Over Sway; Hover Exit SCP; Slow Sd Lk;

- 1- 2 (2 L Trns) Fwd L commence LF trn, sd R cont LF trn, cl L to R; bk R commence LF
trn, sd L cont trn, cl R to L CP fc Wall;
3 (Whisk) Fwd L, sd R, XLIB of R SCP/LOD;
1&23 4 (Sync Vine) Thru R/sd L, XRIB of L, sd L;
12- 5 (Thru Prom Sway) Thru R, sd & fwd L stretch left sd look over joined lead hand, -;
--- 6 (Chg Over Sway) Relax L knee keeping R leg extended, slight LF trn stretch L sd of body,
cont sway & look W(W look L);
-23 7 (Hover Exit SCP) Hold, sd R straight up commence RF trn, fwd L to SCP/LOD;
8 (Slow Sd Lk) Thru R, sd L lead W pickup, slightly LF trn XRIB of L(W thru L commence
LF trn, cont LF trn sd R, cont trn XLIF of R) fc DC;

9~16 OP Rev Trn; Hover Corte; Bk & R Chasse Scar; Ck Fwd W Develope;
Bk Chasse Bjo; Manuv; Spin Trn; Box Fin;

- 9 (Op Rev Trn) Fwd L commence LF trn, cont LF trn sd R, bk L contra Bjo fc RLOD;
10 (Hover Corte) Bk R commence LF trn, sd L cont LF trn and body stretch, cont LF trn
Bjo/DW rec bk R twd RDC;
12&3 11 (Bk & R Chasse Scar) Bk L commence RF trn, cont RF trn sd R/cl L, sd & fwd R to Scar/RDW;
1-- 12 (Ck Fwd W Develop) Ck fwd L, -, -(W bk R, L knee lift, kick L foot extend);
12&3 13 (Bk Chasse Bjo) Bk R commence LF trn, cont LF trn sd L/cl R, sd & fwd L to Bjo/DW;
14 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R CP/RLOD;
15 (Spin Trn) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn
fc DW, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont
RF trn brush R to L, sd & fwd R);
16 (Box Finish) Bk R commence LF trn, cont LF trn sd L, cl R fc DC;

Meas

PART B

1~ 8 OP Telemark to Hinge;; Rec to Whisk; Thru SCP Chasse;
Weave 6 to Bjo;; Manuv; OP Impetus;

- 1- 2 (OP Telemark to Hinge) Fwd L commence LF trn, sd R cont LF trn, sd & bk L swivel LF
on L fc Wall(W bk R commence LF trn bring L beside R with no weight, cont LF trn on
R heel and change to L, sd & fwd R swivel LF on R);

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- Hold left sd stretch leading W XLIB of R, relaxing L knee and veering R knee to sway
(1--)
3 (Rec to Whisk) Hold lead W rec, rec R, swivel on R XLIB of R(W rec R, sd L, swivel on L XRIB of L) SCP/DC;
12&3 4 (Thru SCP Chasse) Thru R, sd & fwd L/cl R, sd & fwd L to SCP/DC;
5- 6 (Weave 6) Fwd R, fwd L commence LF trn to CP, cont LF trn sd & bk R fc RDC;
Bk L twd DC contra Bjo, bk R cont LF trn CP, cont LF trn sd & fwd L contra Bjo/DW;
(W fwd L, LF trn sd R to CP, commence trn sd & fwd L; fwd R contra Bjo, fwd L twd DC cont LF trn to CP, sd & bk R contra Bjo);
7 (Manuv) Fwd R(W bk L) commence RF trn, cont RF trn sd L, cl R CP/RLD;
8 (OP Impetus) Bk L commence RF trn, cl R cont RF trn(heel trn), SCP/DC fwd L(W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R);

9~18 Slow Sd Lk; 1/2 Diamond Trn;; Bk Passing Chg; Bk Trn Chasse SCP; Wing to Scar; OP Telemark; Chair & Slip; Double Rev Spin; Chg of Direction(CP/DC);

- 9 (Slow Sd Lk) Thru R, sd L lead W pickup, slightly LF trn XRIB of L(W thru L commence LF trn, cont LF trn sd R, cont trn XLIF of R) fc DC;
10-11 (1/2 Diamond Trn) Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/RDC; Bk R cont LF trn, sd L cont LF trn, fwd R ck action to Bjo/RDW;
12 (Bk Passing Chg) Bk L, right shoulder lead bk R right sd stretch, bk L contra Bjo;
12&3 13 (Bk Trn Chasse SCP) Bk R LF trn fc Wall, sd L/cl R, sd and fwd L SCP/LOD;
14 (Wing) Fwd R, draw L to R, tch L to R(W across front of M fwd L commence LF trn, cont LF trn fwd R, cont LF trn fwd L) SCAR/DC;
15 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to end SCP/DW(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change weight to L, sd & fwd R);
16 (Chair & Slip) Thru R Relax right knee, rec L commence LF trn, slip R bk cont LF trn on ball of R(W thru L relax left knee, rec R, swivel LF on R fwd L)end CP/DC;
12- 17 (Dbl Rev Spin) Fwd L commence LF trn, cont trn sd R, spin LF on ball of R bring
(12&3) L foot under body beside R no weight fc DW(W bk R commence LF trn, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R);
12- 18 (Chg Of Direction) Fwd L commence LF trn, cont LF trn sd R, draw L to R fc DC;

Meas

PART C

1~ 8 Diamond Trn;;;Scar Ending; Cross Hover Bjo; Cross Hover Scar; Cross Hover SCP; Slow Sd Lk;

- 1- 4 (Diamond Trn) Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/RDC; Bk R cont LF trn, sd L cont LF trn, fwd R to Bjo/RDW;
Fwd L cont LF trn, sd R cont LF trn, bk L to Bjo/DW; Bk R, sd L, cl R Scar/DW;
5 (Cross Hover Bjo) XLIF of R commence LF trn, sd R cont LF trn, cont trn rec L Bjo/DC;
6 (Cross Hover Scar) XRIF of L commence RF trn, sd L cont RF trn, cont trn rec R Scar/DW;
7 (Cross Hover SCP) XLIF of R, sd R lead W RF trn, sd & fwd L SCP/LOD;
8 (Slow Sd Lk) Thru R, sd L lead W pickup, slightly LF trn XRIB of L(W thru L commence LF trn, cont LF trn sd R, cont trn XLIF of R) fc DC;

9~17 OP Rev Trn; Hover Corte; Bk & R Chasse Scar; Ck Fwd W Develope; Bk Chasse Bjo; Manuv; Spin Trn; Bk Sd OP Hinge; Extend;

- 9-15 Repeat meas 9-15 of Part A;:::;;
12- 16 (Bk Sd OP Hinge) Bk R commence LF trn, cont trn sd L left sd stretch swivel LF 1/8
(123) leading W XLIB of R, -(W fwd L commence LF trn, cont trn sd R right sd stretch swivel LF, XLIB of R);
--- 17 (Extend) Relaxing L knee and veering R knee to sway R left hand extend sd & bk(W right hand on man's left shoulder relaxing L knee head to L),-, -;